



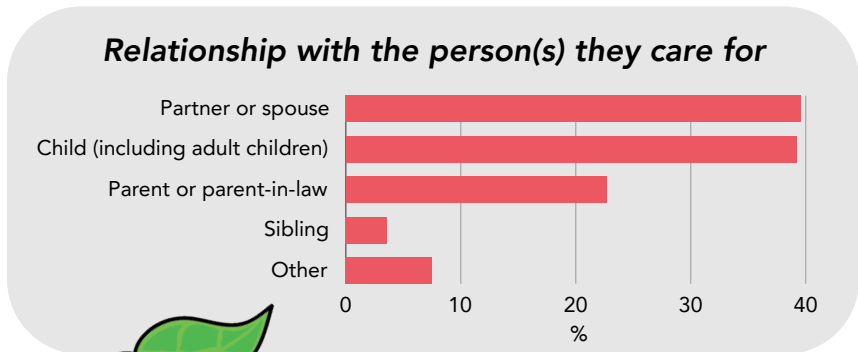
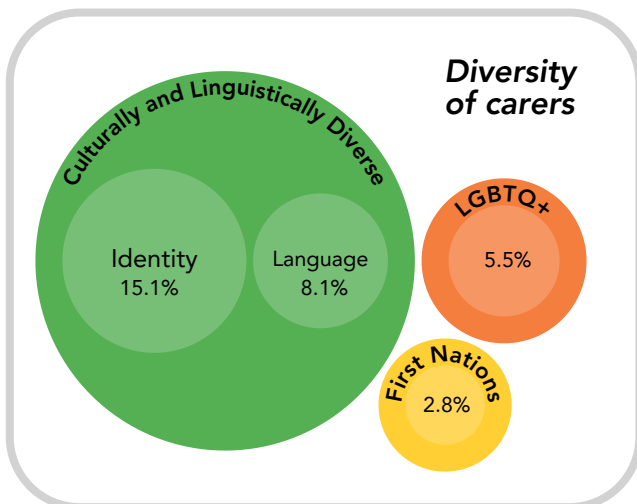
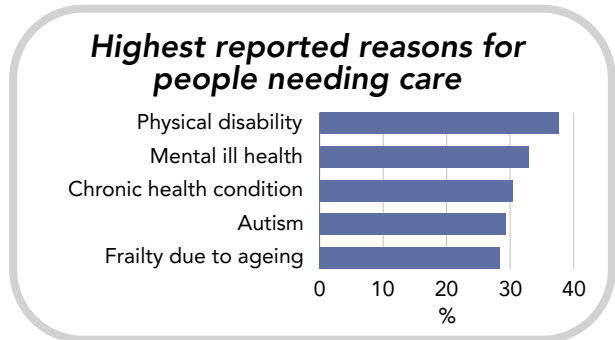
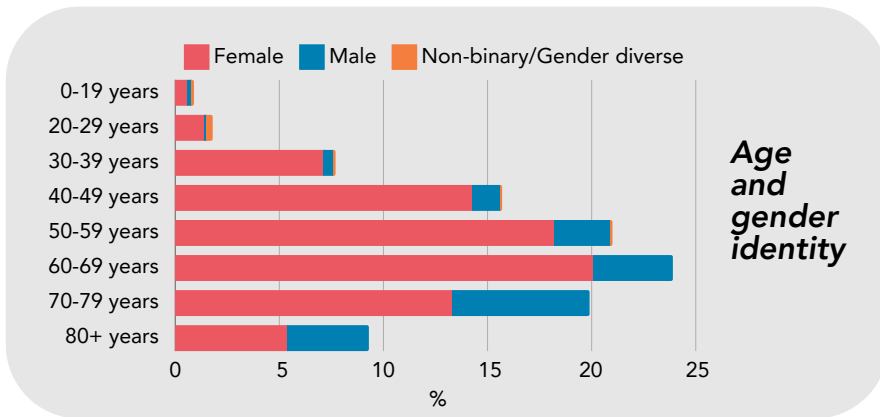
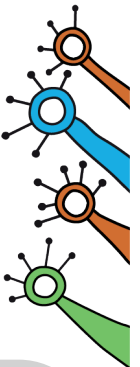
2024 National Carer Survey



South Australia Highlights

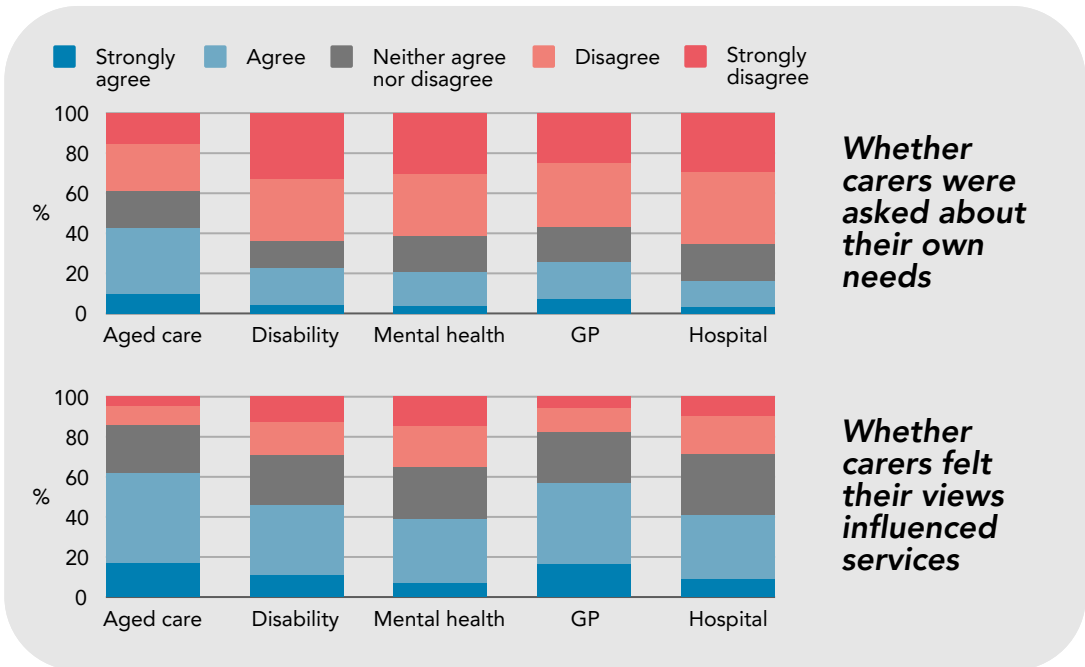
The 2024 National Carer Survey results tell us a lot about carers' day-to-day experiences, support needs and perspectives on caring. Below are some of the key findings from South Australia so far.

2,765
carers in SA
responded

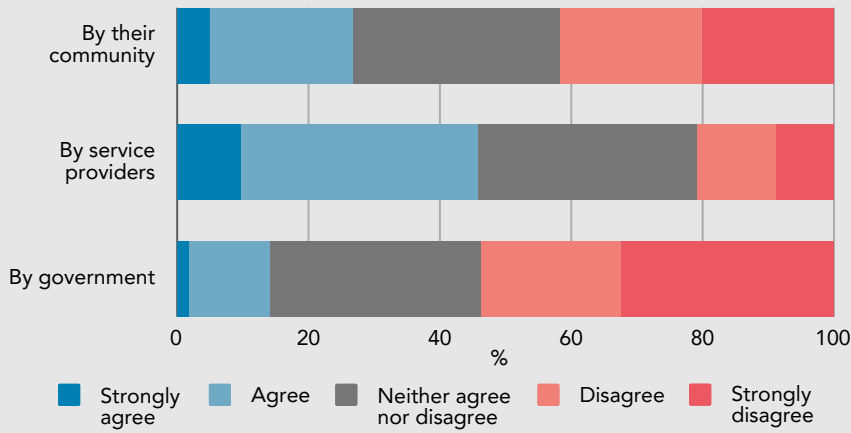


11.0
years
Average duration of caring role

"I am never asked about my needs as a carer when visiting any health care professional for any one of the three people I care for, nor managing my own health issues."

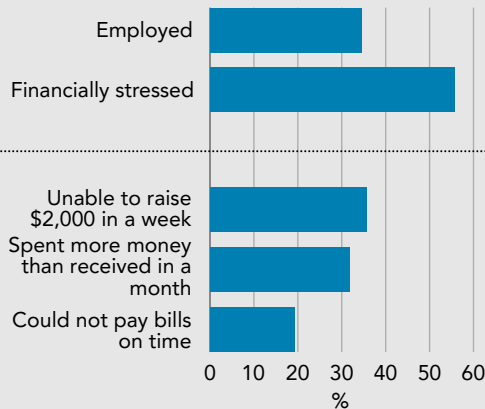


How recognised and valued carers feel

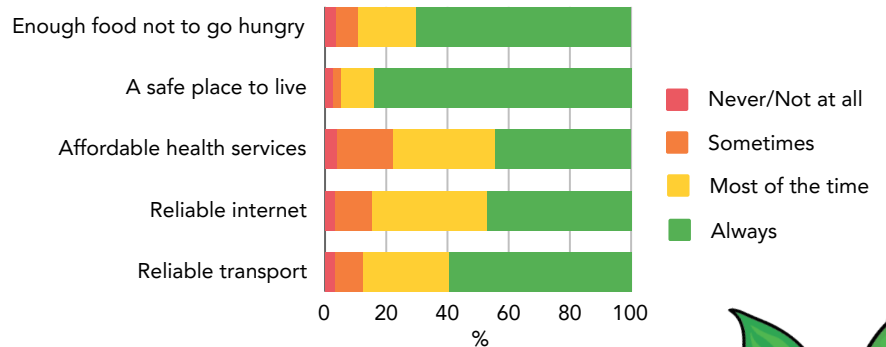


"The burnout is immense and real, and it is so difficult to know how to get better from it, that it is even possible to cope and even thrive in the current situation. It is so lonely and isolating - very hard to reach out for help..."

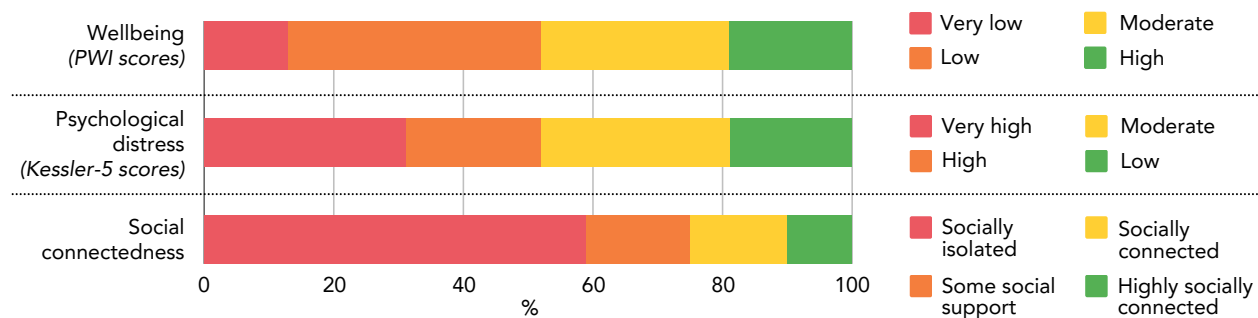
Financial experiences



Whether or not basic needs are met



Wellbeing, psychological distress and connection



"Being a carer is one of the hardest role you'll ever do...each day takes a huge toll physically, mentally, emotionally and financially...My experience as a carer for over 20 years has been challenging [but] rewarding at times when I see my children develop skills, confidence and learning strategies to help them work towards independence."

The National Carer Survey is an initiative of Carers NSW in partnership with the other State and Territory Carer Organisations. The Survey is proudly funded by the NSW Department of Communities and Justice (DCJ).

For more information, visit nationalcarersurvey.com.au, email research@carersnsw.org.au or phone 02 9280 4744.

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Online at nationalcarersurvey.com.au.

